

Butea monosperma Palash Seeds √ Calotropis procera Arka/Aak Leaves √ Calotropis gigantea Arka/Aak Leaves √ Carthamus tinctorius Kusum Phol Floral parts √	
Calotropis gigantea Arka/Aak Leaves √	
Carthamus tinctorius Kusum Phol Floral parts √	
Cassia angustifolia Senna Leaves √	
Pods √ √	
Cassia fistula Amaltas Fruit	
Cedrus deodara Devdar Wood √ √	
Celastrus paniculata Malkagini Seed	
Centella asiatica Mandookparni Leaves	
Cichorium intybus Kashni Root √	V
Seeds	√
Cinnamomum tamala Tejpatra Leaves √	√
Cinnamomum verum Dalchini Bark	
Cissus quadrangularis Harhjorh Stem √	
Clerodendrum serratum Bharangi Bark	
Commiphora wightii Guggulu Gum-resin	\checkmark
Crataeva nurvala Varun Bark	√
Crocus sativus Keshar Stigma	V
Curculigo orchioides Kali Mushli Rhizome √ √	
Cyperus rotundus Mustaka Rhizome	
Desmodium gangeticum Shalparni Aerial parts	
Dioscorea bulbifera Varahikand Tuber	
Eclipta prostrata Bhringraj Whole Plant	
Embelia ribes Vidanga Fruit	\checkmark
Ferula asfoetida Heeng Gum-resin √ √	
Ficus benghalensis Vata/Bargad Bark √	√
Ficus carica Anjeer Fruit √	
Ficus racemosa Udumbar Bark	V
Ficus religiosa Peepal Bark	√
Gmelina arborea Gambhar Bark	√



Hedychium spicatum	Karpoorkachri	Rhizome	√			
Hemidesmus indicus	Anantmool	Root	√			
Holarrhena antidysenterica	Kutaz Indarajava	Bark Seed	√			V
Hyoscyamus niger	Khursani Ajwain	Seed		√		
Inula racemosa	Pushkarmool	Root			√	
Ipomoea digitata	Kshir-vidari	Tuber			√	V
Madhuca indica	Mahua	Flowers	√			
Martynia diandra	Kakanasha	Fruits			√	
Mesua ferrea	Nagkeshar	Stamen	√			
Mimosa pudica	Lajwanti	Whole Plant	√			
Mimusops elengi	Vakula	Bark			√	
Moringa oleifera	Sahajana	Fruit	√			
Mucuna pruriens	Kaunch Beej	Seed	√			
Myrica esculenta	Kaiphal	Bark		√	√	
Myristica fragrans	Jaiphal	Fruit		√	√	
Nardostachys jatamansi	Jatamanshi	Rhizome				√
Operculina turpethum	Nishoth	Root			√	
Oroxylum indicum	Syonaka	Barks				√
Parnelia perlata	Chharila	Ascolichen		√	√	
Phyllanthus emblica	Amla	Fruit/Seed				√
Picrorrhiza kurroa	Kutki	Rhizome			√	
Piper longum	Pippali	Fruit	√			
Plumbago indica	Chitrakmool	Root	√			V
Plantago ovata	Isabgol	Seed	√			
Podophyllum hexandrum	Bankakri	Rhizome		√		
Premna integrifolia	Agnimantha	Stem			√	V
Psoralea corylifolia	Bakuchi/Somraji	Seeds				V
Pterocarpus marsupium	Vijayshal	Heart wood			√	
Pterocarpus santalinus	Raktachandan	Heart wood	√			1
Rauwolfia serpentina	Sarpgandha	Root		√	√	



Rheum australe	Rewandchini	root			√	
Rubia cordifolia	Manjishtha	Stem				√
Santalum album	Chandan	Wood			, √	
Sapindus mukorossi	Reetha	Seed			,	
Saraca asoca	Ashoka	Bark			√	•
Saussurea costus	Kutha	Root			√	
Sida cordifolia	Bala	Leaves	V		V	√
	Vrihati	Root & Stem	V V	√ l		v
Solanum anguivi Solanum nigrum	Makoy	Fruit	V V	· ·		
Solanum nigrum	iviakoy	Whole Plant	√ √			
Solanum verginianum	Kantkari	Whole Plant	√			
Spheranthus indicus	Mundi	Fruits	√	√		
Swertia chirayita	Chirata	Whole Plant			√	
Syzygium cumini	Jamun	Seed		√		
		Bark			√	
Syzygium aromaticum	Lavanga	Floral buds				√
Taxus baccata	Thuner	Leaves			√	
Tephrosia purpurea	Sarpaunkha	Whole Plant			√	
Teramnus labialis	Mashparni	Aerial parts			√	
Terminalia arjuna	Arjuna	Bark	√			√
Terminalia bellirica	Vibheetaki	Fruit	√			
Terminalia chebula	Hareetaki	Fruit	√			
Tinospora cordifolia	Guduchi	Stem	√			
Tribulus terrestris	Gokharu	Fruit				√
Uraria picta	Prishniparni	Aerial Parts			√	
Valeriana jatamansi	Tagar	Root			√	
Vetiveria zizanioides	Khash/Ushir	Root			√	
Vigna triloba	Mudgaparni	Aerial parts			√	
Viola odorata / V.serpens	Vanafsha	Flower				V
Withania somnifera	Ashwagandha	Roots	√			
Woodfordia fruticosa	Dhataki	Flowers	√			
Zanthoxylum armatum	Timru/Tejbal	Fruits			√	V
Zingiber officinalis	Sunthi/Adrak	Rhizome				V
Zizyphus jujuba	Vadari/Ber	Fruits	√			



*: Collection time may vary according to various geo-climatic conditions

Source: Dabur Research Foundation & TRAFFIC India, General guidelines for harvesting and processing Ayurvedic Medicinal Plants (AMP's)



Appendix V

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